

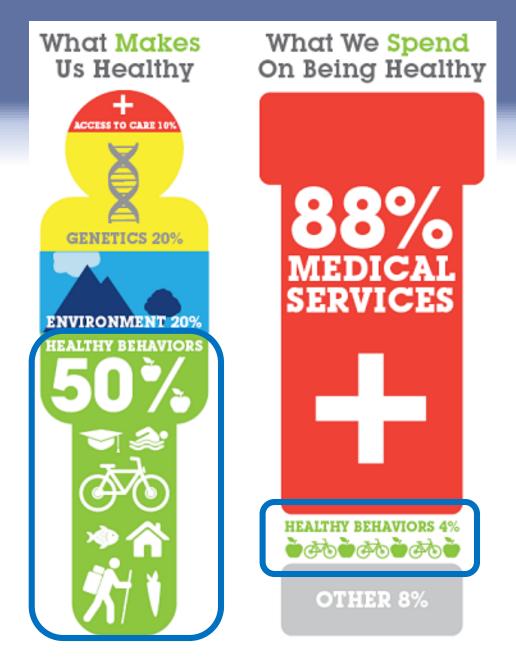
## Introduction to the HIA Process

- What makes us healthy?
- What is HIA?
- How is HIA done?





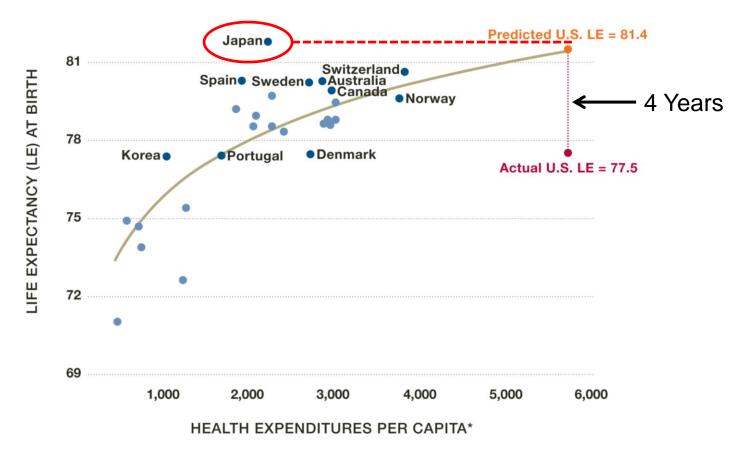




Source: Lots to Lose: How America's Health and Obesity Crisis Threatens our Economic Future (2012)

#### America Is Not Getting Good Value for Its Health Dollar

The U.S. spends more money per person on health than any other country, but our lives are shorter—by nearly four years—than expected based on health expenditures.



Prepared for the Robert Wood Johnson Foundation by the Center on Social Disparities in Health at the University of California, San Francisco. Sources: OECD Health Data 2007.

Does not include countries with populations smaller than 500,000. Data are for 2003.

\*Per capita health expenditures in 2003 U.S. dollars, purchasing power parity

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## Social Determinants of Health



## Factors that Affect Health

Smallest Impact

Counseling & Education

Clinical Interventions

Long-lasting Protective Interventions

Changing the Context to make individuals' default decisions healthy

**Socioeconomic Factors** 

### Examples

Eat healthy, be physically active

Rx for high blood pressure, high cholesterol, diabetes

Immunizations, brief intervention, cessation treatment, colonoscopy

Fluoridation, 0g trans fat, iodization, smokefree laws, tobacco tax

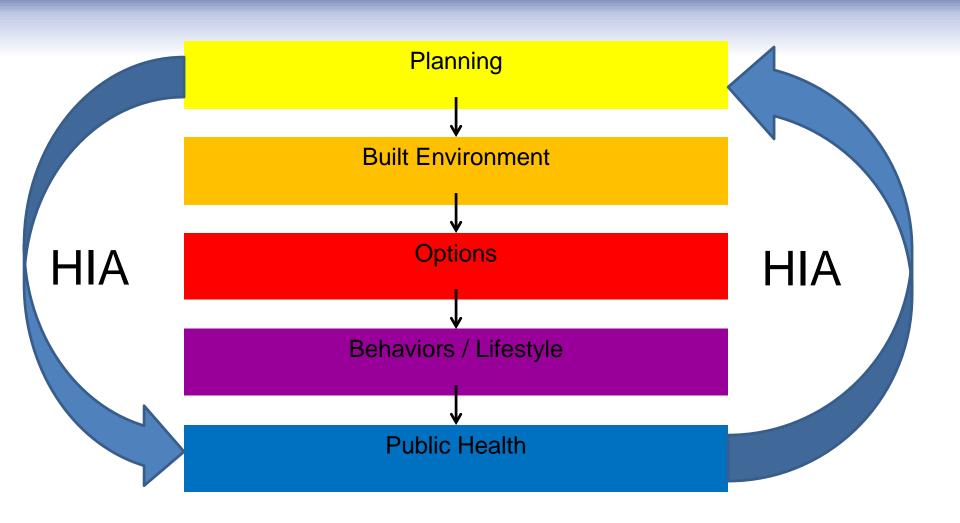
Poverty, education, housing, inequality



Largest Impact



## Planning & Public Health





## What is HIA?

 Health Impact Assessment is a combination of procedures, methods and tools by which a policy, program or project may be judged as to its potential effects on the health of a population, and the distribution of those effects within the population.

Gothenburg Consensus Paper 1999

 Health Impact Assessment (HIA) is a voluntary research and public engagement tool used to assess the ways a policy or proposal might help or harm public health and well-being. It is a flexible but structured process that can take anywhere from 2 months to 2 years, and has varying degrees of complexity.

Human Impact Partners and Center for Community Health and Evaluation



## What is HIA?

HIA is a systematic process that uses an array of data sources and analytic methods and considers input from stakeholders to determine the potential effects of a proposed policy, plan, program, or project on the health of a population and the distribution of those effects within the population. HIA provides recommendations on monitoring and managing those effects.

National Research Council



### What is HIA?

- Voluntary Decision Support Tool
- Applied to Sectors Outside of Health
- Possible Positive and Negative Health Impacts
- Policy, Plan, Project, or Program
- Population Level/ Distribution within Population
- Prospective/ Recommendations



### HIA vs EIA

- HIA is (mostly) non-regulatory
- EIA has established procedure
- EIA is funded by the project proponent
- EIA examines only adverse components
- HIA is proactive vs. EIA is reactive
- Many types of reporting vs. complex EIS



## HIA Addresses Social Determinants of Health

How might the proposed project, plan, policy, & program

affect

Housing Air quality Noise Safety Social networks **Nutrition** Parks and natural space Private goods and services Public services Transportation Livelihood Water quality Education

Inequities

And potentially lead to predicted health outcomes?



# 6. Monitoring and Evaluation: records the adoption and implementation of HIA recommendations, monitors the changes in health and health determinants, and evaluates the process, impact, and outcomes of an HIA.

5. Reporting: documents and presents the findings and recommendations to stakeholders and decisionmakers. 1. Screening: determines whether a proposal is likely to have health impacts and whether the HIA will provide information useful to the stakeholders and decisionmakers.

#### The Health Impact Assessment Process

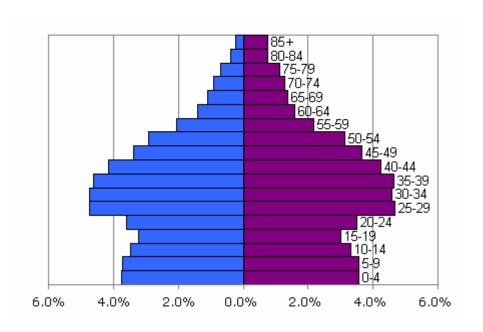
4. Recommendations:
suggest alternatives that
could be implemented to
improve health or actions
that could be taken to
manage the health effects, if
any, that are identified.

2. Scoping: establishes the scope of health impacts that will be included in the HIA, the populations affected, the HIA team, sources of data, methods to be used, and alternatives to be considered.

3. Assessment: involves a two-step process that first describes the baseline health status of the affected population and then assesses potential impacts.

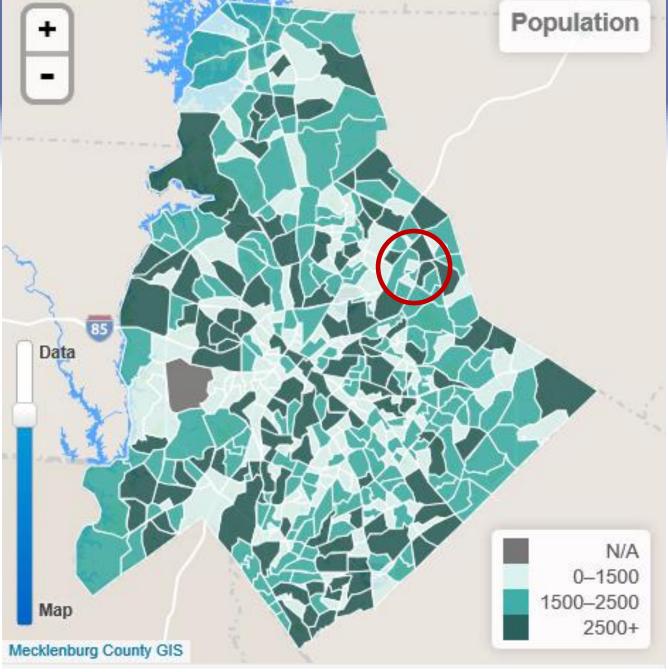


- Population: 919,628
- Median Age: 34 Years
- Median Household Income: \$55,444
- Racial Breakdown:
  - 55% Caucasian
  - 31% African American
  - 5% Asian
  - 6% Other
  - 3% Two or More



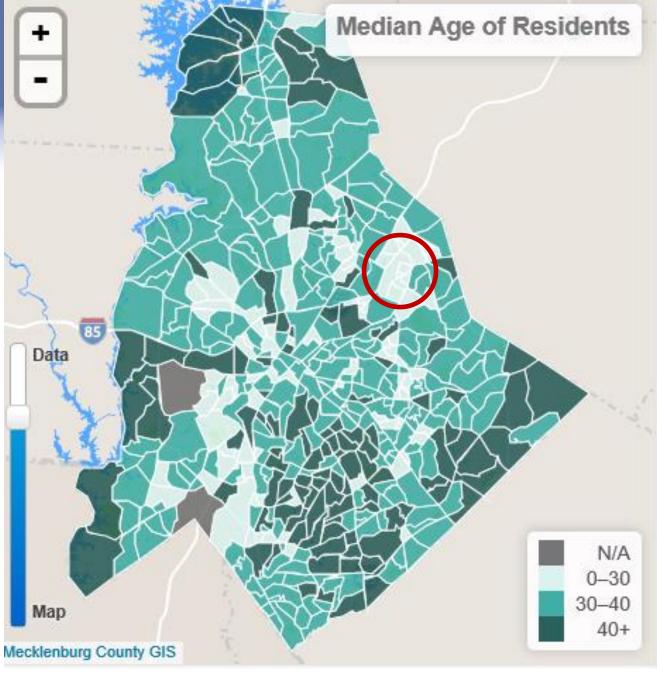
Source: 2010 U.S. Census





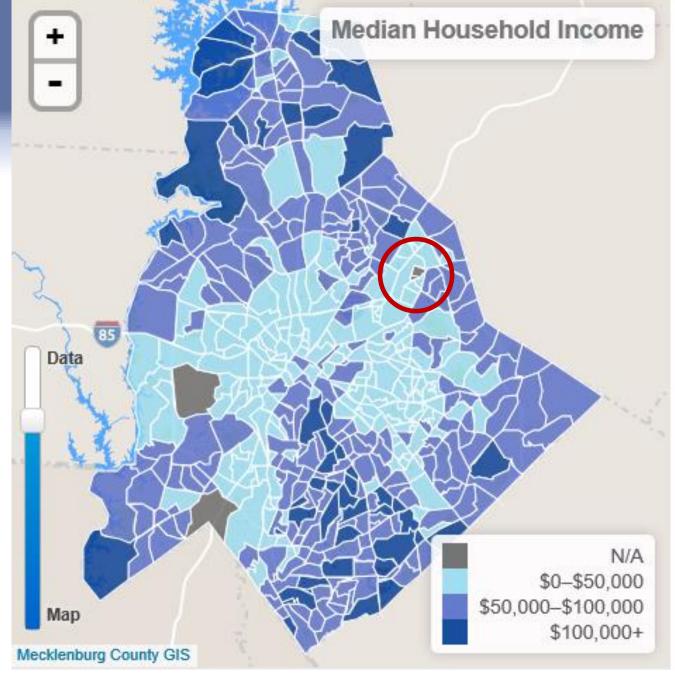
Source: Charlotte-Mecklenburg Quality of Life Dashboard

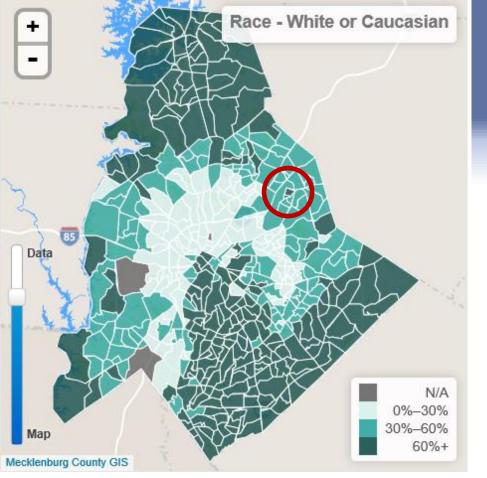


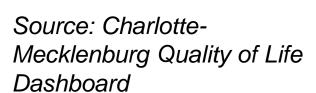


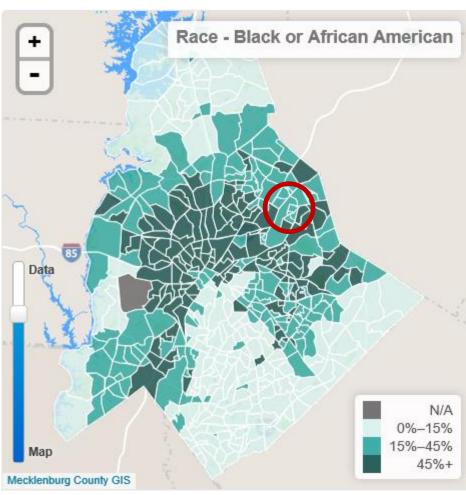
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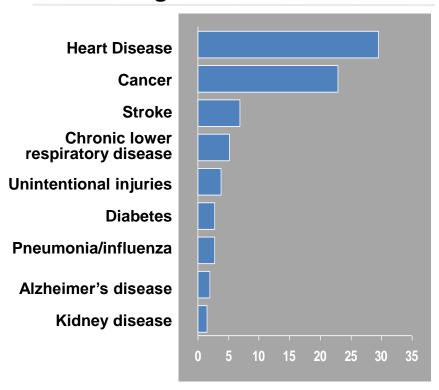
- Life Expectancy: 67
- Leading Causes of Death and Disability:
  - Heart Disease
  - Cancer
  - Stroke
  - Respiratory Disease
  - Injury
  - Diabetes
  - Flu/Pneumonia
  - Alzheimer's





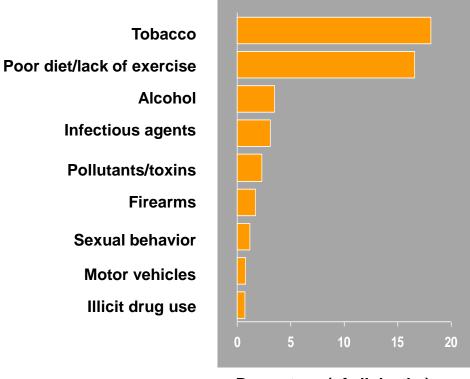
### Focus on Chronic Disease

#### **Leading Causes of Death\***



Percentage (of all deaths)

#### Actual Causes of Death<sup>†</sup>



Percentage (of all deaths)

National Center for Health Statistics. Mortality Report. Hyattsville, MD: US Department of Health and Human Services; 2012

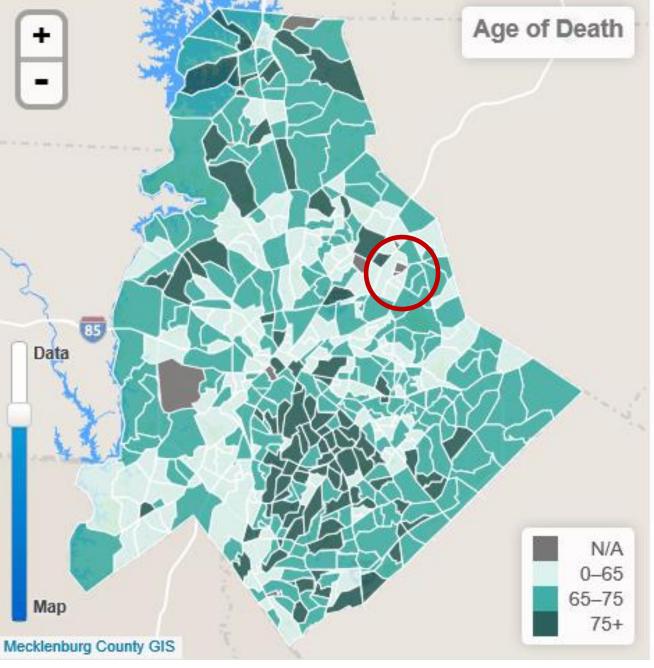
Adapted from McGinnis Foege, updated by Mokdad et. al.



## Mecklenburg County Health Priorities







Source: Charlotte-Mecklenburg Quality of Life Dashboard



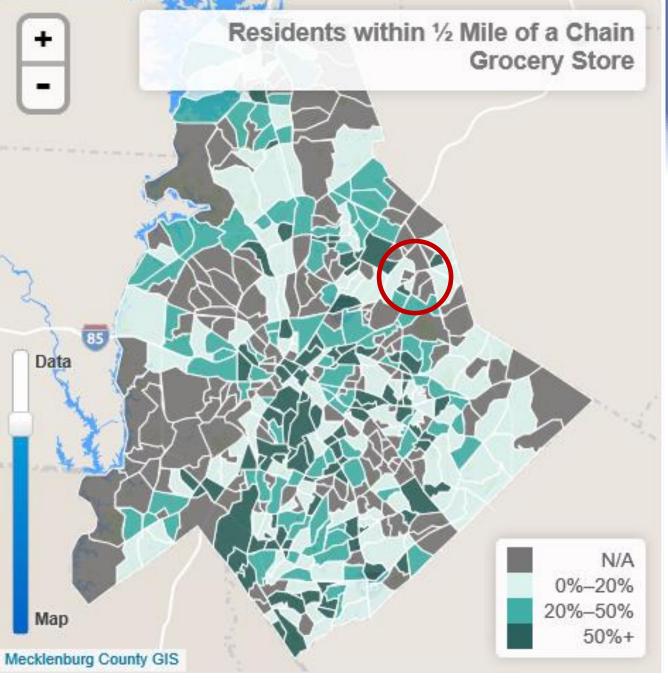
- Fruits and Vegetables (Eat 5/day)- 11%
- Physical Activity (Exercise 150 minutes/week)-53%
- Tobacco Use/ Smoker- 17%





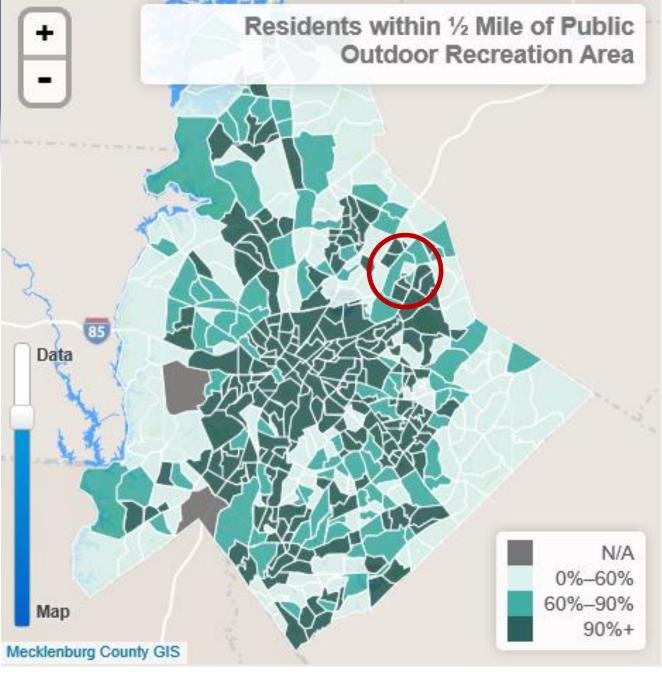




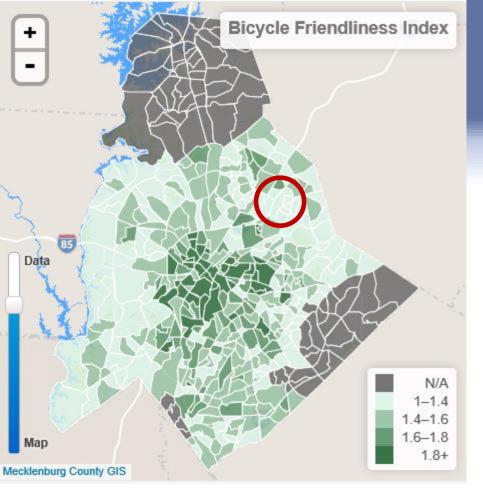


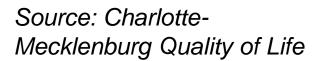
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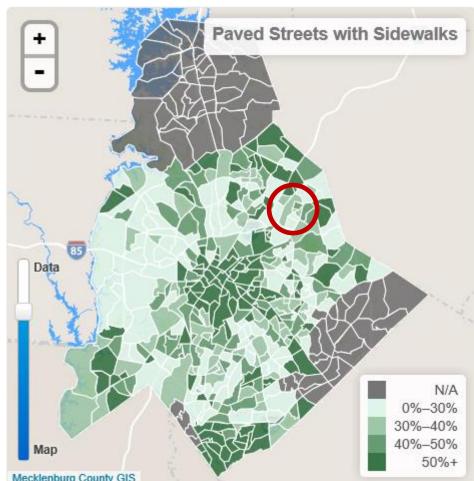




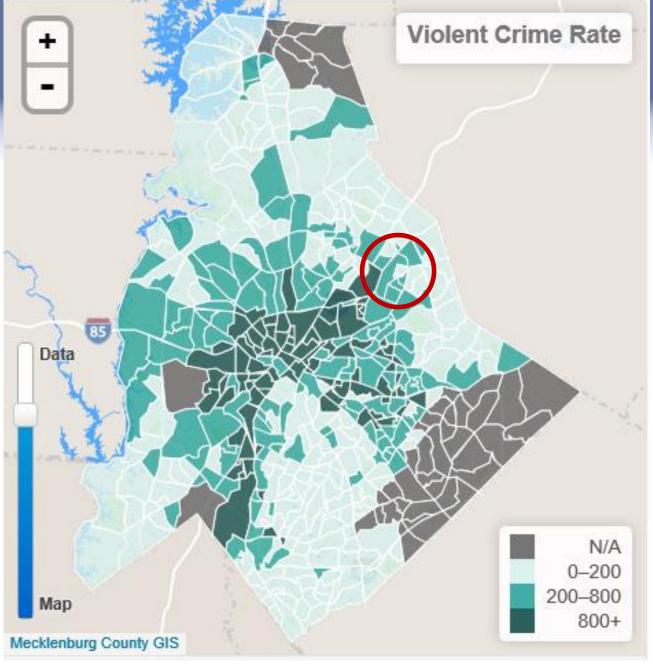
Source: Charlotte-Mecklenburg Quality of Life Dashboard











Source: Charlotte-Mecklenburg Quality of Life Dashboard



- Health Disparities
  - African Americans have higher mortality rates than Caucasians
    - Prostate cancer 3.4 times higher rate
    - Diabetes 3.1 times higher rate
  - Hispanics
    - Unintentional injury rates among top leading causes of death for Hispanics
    - Chronic disease rates rising as health behaviors change



## Questions????

